

LEA Findings and Recommendations

Findings: Nutrition

SM11- Nutrition Information collected on all menus

We started serving compliant coffees at breakfast and participation has increased at MHS but we would like to see participation increase at lunch

Recommendations:

We need to continue to collect nutritional information and have a central location for this information such as the district website

We are trying to write grants and pay for equipment to improve the nutrition of our food and increase participation

We are starting a grab and go lunch at MHS to increase participation

Findings: Physical Activity

WPM3-Physical activity as a reward is frowned upon by many because it is viewed as lost or wasted academic time.

The climbing walls were not being used

Recommendations:

Parameters or guidelines will be set at building level to reward students with physical activity

Remove climbing walls at MES and MMS gyms to allow for other physical activity use