

LEA Findings and Recommendations 2019/2020

Findings: Nutrition

NE2-Nutrition education teaches skills that are behavior focused, interactive, and/or participatory

Recommendations:

Preschool and Kindergarten hopefully will be eating family style lunch in the classroom to learn manners, and healthy eating habits, etc. Data shows this helps behavior in the lunchroom setting in the future.

Finding:

SM6- Nutrition-Specific Strategies to increase participation

We always want to increase participation at all of our schools until we get to 100%

Recommendations:

We started serving a grab and go lunch at MHS and we will be implementing a fruit smoothie for lunch with our dairy grant at MES, MMS and MHS. We are in the process of refurbishing a school bus for a feed and activity bus

Finding:

NE6-Nutrition-Nutrition Education is integrated into other subjects beyond education

Recommendations: We are in the process of implementing a cooking club K-12 with our cafeteria staff and students

Findings: Physical Activity

PEPA11 Addresses family and community engagement in physical activity opportunities at all schools

Recommendations: Host an event where families and community are engaged in a physical activity opportunity at all schools

Finding:

PEPA12 Addresses before and after school physical activity for all students...

Recommendation: Have clubs or intramurals. We have started an archery club and fishing team at MMS and MHS, respectively.

WPM8-Specifically addresses no signs on site advertising unhealthy foods...

Recommendations: Over time, because some have paid money to be put up there like signs, they are removed.